



# VALOR ACADEMY ELEMENTARY SCHOOL

A B R I G H T S T A R S C H O O L



## Breakfast Menu

January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
		Pan Dulce Fruit Juice Apple Milk	WG Cinnamon Pancakes Orange Pear Milk	Banana Bread Pear Apple Milk
9	10	11	12	13
Frosted Flakes w/ Cinnamon Grahams Dried Cranberries Apple Milk	Yogurt Parfait w/ Strawberries & Honey Grahams Pear Milk	Banana Bread Fruit Juice Apple Milk	French Toast Slice Orange Pear Milk	Blueberry Mini Muffin & String Cheese(180) Pear Apple Milk
16	17	18	19	20
<b>No School MLK Day</b>	WG Mini Maple Eggo Waffles Banana Pear Milk	Frosted Flakes w/ Cinnamon Grahams Fruit Juice Apple Milk	Chicken Sausage Breakfast Sandwich Orange Pear Milk	Apple Jacks w/ Cinnamon Grahams Pear Apple Milk
23	24	25	26	27
Whole Grain Bagel w/ Cream Cheese Dried Cranberries Apple Milk	Breakfast Cheese Tamale Banana Pear Milk	Cranberry Oatmeal Round Fruit Juice Apple Milk	WG Cinnamon Pancakes Orange Pear Milk	Pan Dulce <b>OR</b> Apple Jacks w/ Cinnamon Grahams Pear Apple Milk
30	31			
Frosted Flakes w/ Cinnamon Grahams Dried Cranberries Apple Milk	Yogurt Parfait w/ Strawberries & Honey Grahams Pear Milk			

### MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.

